

Dear Hand Therapist,

I hope this email finds you well.

This email is an invitation to invite you to participate in an international survey exploring treatment approaches for non-operatively managed acute volar plate injuries to the proximal interphalangeal joint (PIPJ) in adults. This study has been approved by the Western Sydney University Human Research Ethics Committee. The Approval number is H16515

**Survey Aims & Methods (please see attached Participant Information Sheet for further details)**

This survey seeks to:

- Identify the most commonly used treatment approaches for managing a non-operative acute volar plate injury to the PIPJ in adults.
- Understand the key factors influencing clinical decision-making, including patient characteristics, injury severity, and therapist experience for acute non-operatively managed volar plate injury to the PIPJ in adults.

The survey consists of three sections:

1. **Demographics** – Gathering information on clinical experience and practice settings.
2. **Treatment Approaches** – Exploring current practices in the initial management of an acute volar plate injury.
3. **Clinical Decision-Making** – Identifying factors that influence treatment choices.

The survey takes approximately 12-15 minutes to complete, and your insights will contribute to a broader understanding of treatment variations and best practices. Participation is entirely voluntary, and responses will remain anonymous.

Please follow the link or scan the QR code below if you would like to complete the survey:



[https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV\\_bCqj1t5PL2MYg8C](https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_bCqj1t5PL2MYg8C)

If you have any questions or would like more information, please feel free to contact me.

Thank you for your time and valuable insights in the management of non-operatively managed acute volar plate injuries to the PIPJ.

Kindest regards,

**Sarah Walsh**

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